

OUR TEAM



TROY DOPSON
PHYSIOTHERAPIST

B.SC. PHYSIOTHERAPY (AUST), B.SC. EXERCISE SCIENCE (AUST)



Troy Dopson is an Australian-educated physiotherapist who evaluates, manages and treats patients with the goal of relieving pain and restoring physical function. He is recognised for his hands-on approach, using deep tissue massage, stretching and muscle manipulation techniques.

An experienced physiotherapist, Troy trusts in a patient's active role in the rehabilitation process and will assist with movement assessments and tailored exercise plans to aid recovery.

Hong Kong Physiotherapist registration Number: PT101955

Troy Dopson Consult Fee: HK\$1550

Available for Consultations

For Telehealth Booking please check availability via our website:

www.thrivewellness.com.hk